**Health Plan**

**05.03. List User Goal**

# Revision History

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| --- | --- | --- | --- |
| Date | **Revision #** | **Created By** | **Revision Notes** |
| 4/9/2023 | Initial Draft | Riddhi Mhatre |  |
| 4/19/2023 | Initial Draft | Riddhi Mhatre |  |
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# UC.05.03 List User Goal

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| Actor(s): | Fitness Enthusiast, Dietitians/ Fitness Trainers |
| Short Description: | Fitness enthusiasts can see and list their diets and also view and list their fitness daily/weekly/monthly goal and share the same with the fitness trainers for consultation and making a more informed decision. |
| Preconditions: | 1. The actor is registered and logged into the Health App. 2. The actor has added their diet plan on the application. |
| Postconditions: | 1. The actors can plan their diet. 2. The actor can plan their fitness goal 3. The actor can share the fitness activity with their dietitian and fitness trainer 4. The actors can return to the home page after viewing the list of diet and fitness goals. |
| Frequency of Use: | Daily/ weekly/ Monthly or as needed by Actors |
| **Normal Flow of Events:** | |
| 1. The Actor logs into the Health App. **[JP1: CN]** 2. The actor navigates to the list of Goal section of Health App and clicks on ‘List User Goals’ button. **[JP 2: ET]** 3. The system opens the "Diet plan list " screen where the Actor can view the diet plan list with list of goals. [**JP 3: ET, CN, DF-in, SI-In]** 4. The actor selects a suitable diet plan according to user goals and the system saves the same user goals in database. **[JP 4: CN, DF-Out]** 5. The system sends a confirmation message to the user, displaying the diet plan with their goal in detail. **[JP5: CN, SI-Out, ET]** 6. If the Actor needs to change user goal, then they can go to the "List user goal" screen and select the user goal they want to change. **[JP 6: DF-in, ExHL]** 7. The system displays the details of the user goal. **[JP7: DF-In, CN]** 8. If the Actor confirms a goal, the system updates the actor’s goal accordingly and sends a confirmation message to the Actor. **[JP 7: CN, SI-Out, ExHL]** 9. If the designated Trainer needs to change the actor goal, they can go to the "diet plan list" screen and select the goal they want to change. **[JP 8: ET, DF-In, SI-Out]** | |
| **Alternative Flows:** | |
| A1: If the Actor (Dietitian/fitness trainer) already assigns user goals to actor (fitness enthusiasts), from *step 3 to step 5:*   1. System navigates actor (fitness enthusiasts) to step 6. | |
| **Exceptions:** | |
| *E1. “Diet plan list" is not available in database from step 3:*  User gets an error message “Data not available”.  *E2. Actor is not connected to backend or backend not responding from step 3, step 4 or step 6:*  User gets an error message “Connection problem.”.  *E3. Data is not stored in backend or system did not send confirmation message from step 5 or step 8:*  User gets an error message “Connection problem. Please try again”.  *E4. The system encounters an error while retrieving and display List User Goal from step 6:*  User gets an error message “Connection problem. Please try again”. | |
| <<Include>> Relationships: | N/A |
| << Extend>> Relationships: | N/A |
| Business Rules: | 1. The user must be logged for List of User Goal.  2. Users may choose to subscribe to the Health App's services, which may include personalized coaching, access to exclusive content, or additional features to support their health and fitness goals and services will be charged a recurring fee and can cancel their subscription at any time. |
| Assumptions: | 1. The user has to mention their Goal 2. The Health App can generate accurate reports based on provided data. 3. The HealthApp has a messaging system that allows users to communicate with their designated Trainers to discuss Diet plan and Goal or other matters. |